



Oct 2025

A DECADE OF WOMEN, ART AND IMPACT!

QUILTS, RED SHOES, STORIES, AND SONGS — ART AS THE SAFE PLACE WHERE WE ALL BELONG.

Dear IWIN Community,

October is a very **special month** for us. Not only is it recognized nationally for important causes, but it's also **IWIN's birthday month** — and this year marks our 10th anniversary. As we approach October 25, our hearts are full, knowing how far we've come together and how much more we will create in the years ahead.

This month, we want to walk with you through a few themes that matter deeply to us.

Domestic Violence Awareness Month & the Red Shoes Campaign

October is Domestic Violence Awareness Month, a reminder of the many lives impacted by gender-based violence. Our 25 Red Shoes / 25 Cities campaign is born out of this urgency — turning art into a public call for justice, remembrance, and solidarity. Red shoes, simple yet powerful, are becoming a symbol around the world that no story should be silenced.

Indigenous Peoples' Day & Indigenous Art

October also brings Indigenous Peoples' Day, a time to honor the first peoples of this land. We'd like to shine a light on Indigenous women artists who have carried traditions forward while also reshaping the art world with their unique voices. Two artists we admire are Jaune Quick-to-See Smith, a Native American painter and activist whose work confronts history with bold honesty, and Kay WalkingStick, a Cherokee painter known for her landscapes that hold memory, identity, and resilience. We invite you to discover their art and reflect on how creativity preserves culture and opens space for healing.

Disability Inclusion in Art Spaces

October is also recognized in the U.S. as **National Disability Employment Awareness** Month. At IWIN, we believe inclusion must extend into the creative world as well. If you are ever in a position to hire an artist, teacher, or facilitator, consider opening that opportunity to someone living with a disability. Art spaces become stronger, more vibrant, and more honest when disabled voices are part of the circle — not only as participants, but as leaders.

As we step into this month filled with meaning, we look forward to celebrating with you at our 10th anniversary on October 25 in Golden Gate Park. Together we will honor the past, stand for justice in the present, and imagine a future woven with art, healing, and empowerment.

With gratitude,
The IWIN Team



Mehregan: Festival of Light and Love

HONORING ONE OF PERSIA'S OLDEST CELEBRATIONS OF CONNECTION, FRIENDSHIP, AND GRATITUDE.

October also brings Mehregan, one of the oldest Persian festivals, celebrated in honor of Mehr (Mitra). In Iranian culture, Mehr stands for light, friendship, promise, and love — the very forces that hold communities together. At IWIN, we embrace this spirit of connection and gratitude as we celebrate ten years of art, empowerment, and community.

IWIN 10th Anniversary

A DECADE OF ART, EMPOWERMENT, AND COMMUNITY

Ten years, countless voices, and a creative journey that's only just beginning.

We're celebrating with a unique outdoor fundraising event—where art, music, and community come together in the heart of Golden Gate Park.

IWIN 10th Anniversary

A Decade of Art, Empowerment, and Community

🌸 Women Life Freedom Quilt Exhibit

🎨 Interactive Art Stations

☺ Light refreshment

🛍 Artisan Market

🎵 Music, Dance & Celebration

📅 Oct 25, 2025

📍 AIDS Memorial Grove, Golden Gate Park, San Francisco

🎫 Activity Pass



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The Heart We Share

WEAVING HEARTS AND LOVE THROUGH TEXTILE ART.

In times that often feel heavy, we turn to art to weave hope and love together. This textile workshop invites participants to stitch, create, and share stories, reminding us that even the smallest threads can connect hearts. Together, we'll craft pieces that carry both beauty and meaning—expressing the love and resilience we all need more of today.

📅 Oct 2nd, 2025, 11:03 AM – 1:00 PM

📍 201 Turk, San Francisco



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Empowering Women Through Art

Moon & Mind

HARVEST MOON: OCT 06TH



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Each month, we collectively harness the energy of the full moon for growth and self-awareness. The Moon & Mind is a virtual opportunity to connect, create, and tap into the powerful energy of the moon to transform and align your intentions for the month ahead. Join us for a sacred space of reflection, growth, and community

Oct 6th, 7:30 PM – 9:00 PM

Click the link to join the Zoom meeting: [\[Zoom Link\]](#).

Colors of Self

MANDALA AND CHAKRAH JOURNEY



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This joyful workshop is a unique opportunity to explore your chakras in a fun and expressive way. No art skills or chakra knowledge required—just bring your curiosity and an open mind! Whether you're seeking balance, self-discovery, or just a fun and meaningful way to spend time, this workshop offers a unique and heart-centered experience.

Oct 14th, 2025, 2:00 to 4:00 PM

554 Grand Ave, Oakland

It Is My Turn

BI-WEEKLY PROGRAM: EMPOWERING AFGHAN WOMEN THROUGH ART

It Is My Turn, a year-long program empowering Afghan refugee women and girls through art, yoga, and storytelling. In Partnership with ARTogether & CERI, we're creating a space for healing and connection in Oakland.

This transformative one-year program can be tailored for your organization as well!



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LISTENING CIRCLE

WEEKLY PROGRAM: VIRTUAL FARSI FREE

In times of war and uncertainty, we need spaces to speak and be heard without judgment.

Join our Farsi Listening Circle, inspired by Native American traditions—a safe online space for presence, empathy, and connection.

 Thursdays, 6–7 PM

 Free | On Zoom | Open to all

Breast Cancer Awareness Month

**A REMINDER OF STRENGTH, RESILIENCE,
AND THE POWER OF EARLY DETECTION.**

This month, we pause to honor the women whose lives have been touched by breast cancer, and to remind our community of the importance of self-care. Early detection saves lives! Please take a moment to schedule your screening or encourage a loved one to do the same. Together, we stand in solidarity, raising awareness and supporting one another in health and in hope.



A museum visitor viewing paintings by artist Jaune Quick-to-See Smith at the New Mexico Museum of Art, Santa Fe, New Mexico, 2021.
Shiiko Alexander / Alamy

Jaune Quick-to-See Smith born on January 15, 1940, and died on January 24, 2025. She passed away at the age of 85 in Corrales, New Mexico, after a battle with pancreatic cancer.



WISDOME TEA

WEEKLY PROGRAM: SENIOR GROUP

Since October 2020, this weekly virtual program offers a space for our senior members to come together and share memories, wisdom, and discuss a variety of topics, including life experiences & health tips. Each session ends with reading poetry and singing old favorites. The group also plans 2-3 trips per year to further strengthen bonds and create new memories.

If you're interested in joining, please contact us.



WHEN A WOMAN FLOURISHES, A COMMUNITY THRIVES

BECOME A MEMBER AND BE PART OF THIS RIPPLE EFFECT.

When you become a member of IWIN, you're not just supporting a cause—you're becoming part of a movement. As a member, you'll enjoy benefits like discounted event fees, early access, and insider updates. More importantly, you'll be fueling a mission that empowers girls and women through creativity, healing, and connection—with ripple effects that uplift entire communities.

Choose from three meaningful tiers—Visionary, Innovative, and Timeless—starting at just \$5/month.

Our mission is to empower women by art & creativity through a variety of visual art and mindfulness activities. We prioritize providing workshops, programs, and funds to minority groups and women facing hardships.

	Innovative Every year \$150 Select	- Discounted workshop fees - Invitation to Women's Day Dinner - Invitation to Annual Retreat
	Timeless Every year \$500 Select	Annual All-Inclusive Membership Holder
	Visionary Every year \$1,500 Select	- Discounted workshop fees - Invitation to Women's Day dinner



Empowering Women Through Art

September & Art Tours

Art tours are where IWIN members pause, connect, and recharge.



Montalvo Arts Center



Santa Fe - Georgia O'Keeffe Museum